

New Horizons

JUNE 2019



Spirit of the Living God,
Fall afresh on me

THE CORNERSTONE



Bournemouth Park Road,
Southend-on-Sea, SS2 5JL
(For car park on Central Ave, sat navs
use SS2 5HR no 59)

www.thecornerstonesouthend.org.uk

Email:

cornerstonequestions@outlook.com

WORSHIP AND ACTION

Sunday 10.30 am **Morning Worship** and Junior Church.
Holy Communion is celebrated during Worship
on the 4th Sunday

**FAIRTRADE Coffee and tea is served after Morning
Worship**

Please stay to talk with each other in an informal atmosphere.

Sunday 6.30 pm **Evening Worship** will be held, and Holy
Communion celebrated, as set out in the
monthly magazine and as announced in Church.

Church Meetings are generally held in alternate months on the
third Thursday at 7.30 pm. The dates and times will be published in
this magazine and announced in Church.

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|-------|-----------|--|
| Tues | 10.00 am | 1 hour's Prayer for fellowship. |
| | 10.00 am | Tea and Coffee in the Foyer |
| | 11.30 am | "Cornerstone Crafters"
(1 st and 3 rd Tuesdays or as announced) |
| | 2.30 pm | Christian Forum (2 nd and 4 th Tuesdays) |
| | 4.00 pm | Messy Church First Tuesday in the month |
| Wed | 9.30 am | The Cornerstone Toddlers during Term Time |
| | 1.30 pm | "Whisper" Worship Workout |
| | 5.45 pm | Pilots. Ends at about 7.00 pm. |
| Thurs | 11.30 am | Midweek Worship (2 nd Thursday) |
| | 6.00 pm | Beaver Scouts and Cub Scouts |
| | 7.45-9.15 | Scouts |
| | 7.30 pm | Elders' Meeting (1 st Thursday) |
| Fri | 6.00 pm | Junior Badminton |
| | 7.00-9.00 | Youth Club |

Little Turtles Pre-School meets on Monday to Friday from 9.00 am
during term time. Please see one of the Junior Church Leaders for
details.

Our Minister, at the time of producing this publication, was in Pakistan visiting his Mother who has been unwell. Therefore, he was unable to supply us with his monthly letter for the Magazine.

Delving once more into my "Saved" folder I was able to locate an item for Pentecost. Anne/Ed.

Come Holy Spirit

Come, Holy Spirit.
Come with strength for the weak,
Courage for the faithful,
Light for those in darkness,
Comfort for the sorrowful,
Healing for the sick and injured,
Guidance for those who are lost,
Faith for those who are in doubt,
Hope for those who have no hope,
And love for those who have no love.



Come, Holy Spirit, kindle in us the fire of your love, and we shall renew the face of the earth.

On Pentecost day, the apostles spoke a new language.
What was this new language?

It was the language of peace rather than of war;
The language of co-operation rather than of competition;
The language of forgiveness rather than of vengeance;
The language of hope rather than of despair;
The language of tolerance rather than of bigotry;
The language of friendship rather than of hostility;
The language of unity rather than of division;
The language of love rather than of hate.

Through the gift of the Spirit, people of different languages learned to profess one faith, to the praise and glory of God. That is the real miracle of Pentecost, and it is a miracle that, thankfully, still happens.
(Flor McCarthy)

Prayers for our Fellowship and those we know

Prayers can be for joy and sorrow, health and sickness, good news and bad in addition to those for our own needs and guidance.



Please pray for all our church activities that take place during the month. There are many who come along to our premises week by week who some of us may not know by name or even by sight but who are in need of our prayer. We may not be able to attend the clubs and organisations but our prayer is essential to support the leaders and attendees.

We keep in our prayers all those in our fellowship who are mourning the loss of a loved one, especially the family of Ann Cassells who passed away last month.

There are many who find it difficult to get to Worship week by week and we think especially of Hilda Burgess, Jan Fox, Pat Goodhew, Win Holmes, Margaret King and Hilda Prior. We pray for those who are ill, in constant pain, recovering and awaiting or receiving treatment:

Ann Crowhurst, Roy Davis, Olive Goodyear, Morag Holloway, Mick Thorp, Sohail's mother.

We also pray for those of our fellowship who are finding life difficult at the present time either with health, job or family worries. Give them peace of spirit and the knowledge that God knows of all their difficulties and hears all of their prayers.

Father, hear our prayers
Amen

Please feel free to use the Prayer Book placed on the Prayer Table, in the Foyer, to write down any names or events you want to be prayed for during the Service.



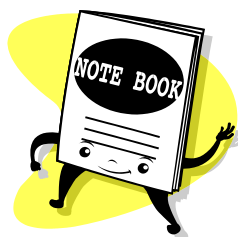
Do make use of our prayer cards, whether to give thanks or to request prayers in specific need. You may remain anonymous if you wish.

There is a collection box on the prayer table in the foyer. Requests will be prayed over at the Tuesday prayer group and other appropriate times.

Prayers for peoples and matters outside of our fellowship

Please pray for those people who face an uncertain future as businesses encounter economic difficulties. Some are in manufacturing, some in retail and others in catering leisure. Help them as they think about new jobs, retraining and how they might support their dependants.

At the same time, pray for those who seek to provide stable employment and seek solutions for any difficulties that might arise in the future.



SECRETARY'S NOTEBOOK

I made two very contrasting visits to High Leigh Christian Conference Centre this month. The first was for the Messy Church International Conference (MCIC19), the second the URC Mission Council.

MCIC19 was truly multi-national with delegates from as far as Canada and the US, Australia and New Zealand, and South Africa; and closer to home from many European countries. It was fabulous to exchange news and ideas with everyone and I hope you took the opportunity to look at some of the updates on The Cornerstone's Facebook page. I have prepared a full report that can be found in the foyer, but if you would like to read it at your leisure I can email a copy. The weekend was fun and inspiring, and I am sure we will be implementing some new things soon, particularly songs from the wonderful Fischy Music.

The URC MC was also inspiring in a different way, restrained as it is by rituals, rules and standing orders. I always enjoy the daily worship as there are some great hymns out there that you don't see in R&S or CMP, new ones entirely and new words to familiar tunes. Daily Bible study was led by Rev Neil Pickering, principal of Westminster College, accompanied by artwork to focus our thoughts. We grappled our way through progress reports from the various departments, made plans to recruit a new General Secretary and Deputy when the present incumbents retire next year, laid the foundations for Safeguarding in the years ahead, and considered how best to share the total URC resources over the three nations. But perhaps the most far-reaching decision was the one, prompted by the Synod of Scotland, to divest our investments from fossil fuels and to encourage synods and local churches to do the same.

On Monday 20th several of us attended the Elders' Roadshow at Wickford, a time to refresh our knowledge of the various responsibilities, and learn of the resources available from Synod to help; the emphasis was very much on the why we do what we do, rather than the what and fitted in well with the Holy Habit theme of Service which our own Elders looked at earlier in the month.

Frank and I enjoyed a day out to the Chelsea Flower Show for my birthday on 22nd May, very crowded but as ever full of wonderful scents and ideas. The following morning I was up and out very early (for me) for a meeting at Synod office, then our own church meeting in the evening. Yay, two lots of minutes for Friday!! It has been a very busy month.

At worship, our service on the first Sunday was led by Robert Wiseman with Sohail taking the evening Communion service. Messy Church on 7th May was on the Holy Habit of Prayer, in particular the need to be persistent on occasion, as with the parable of the Unjust Judge. The Parade Service was led by our friend Rev. Trevor Williams, in his own unique style, talking about the only way to get to heaven by loving and following Jesus; all the certificates we gain throughout life count for nothing. Roger Brett led the service on 19th and his children's address focussed on the Greek alphabet and how much of it has become part of our culture and language. At the time of writing these notes, it is expected that our Minister, Sohail, will lead worship on the final Sunday of the month.

A reminder about the premises and furnishings. It is to be expected with the amount of usage we have that from time to time things break, become loose or otherwise damaged. If you spot something that needs attention do please fill in a report form (hanging next to reception desk) and leave it by the computer. That way I can see what needs to be done, and where necessary call Frank from home with the required equipment. Outside, there has been a lot of damage recently to the garden fence, some at least by cars reversing too far as well as over-exuberant play. The garden is a vital part of our pre-school provision and we do have to ensure it is a safe area, so I am asking everyone to be careful as we do not want to be replacing the fence just yet! Thank You.



As I mentioned earlier, this month our Elders considered the Holy Habit of Service particularly to the local community, and the distinction between neighbourhood (where few of us now live) and community which in our context is intentional and can come about from the events and activities we host. One example was the recent Kids Matter course that was arranged by Lisa in conjunction with the Vineyard, from which it became apparent that some families needed a safe space to “hang out”, this gave rise to the Friday morning Coffee and Cake. Do pop in sometimes and have a chat.

It was also suggested at Elders’ Meeting that everyone can play their part in supporting the various activities with prayer; so our regular meetings are now included in the monthly prayer diary. If you have any suggestions as to how the church can further support the community please do let me, or any Elder, know. Meanwhile I leave you with this item prepared for the Holy Habits programme by Rev. Melanie Smith:

'Serving' is a Holy Habit that is already a large part of our own and church lives. But are there any additional clues we can pick up from a look at the Bible?

Take a look at any or all of the following passages:

Matthew 8: 14-16, Mark 14: 3-9, Luke 10: 38-42, John 13: 3-10a and consider:

Who is being served?

What emotions are on display?

How are people changed by this encounter?

When could we offer this kind of service?

Which other Holy Habits are happening here (if any)?

Not all questions will apply to all passages.

It is strange that in most cases, serving and receiving are almost interchangeable, that service is often accompanied by a certain resistance by others, that people seem to be changed by these encounters, and several of the Holy Habits are on display - including Jesus using most opportunities to teach those around him.

Pray with Teresa of Avila (1515-1582):

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
Compassion on this world,
Yours are the feet with which he walks to do good,
Yours are the hands, with which he blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.

Melanie Smith

As we remember the coming of the Holy Spirit to the disciples at Pentecost, may we rely on his prompting to lead us in service to one another and those whom we meet.

Ruth Dixon



"I've found that if I pray for God
to move a mountain,
I must be prepared to
wake up next to a shovel."

A Meditation

“Faith can move mountains.”

That expression means that faith can change any situation in the field of personal relationships. If you trust Him, God shows you the way to “move mountains”. If you are humble enough to know that you can do little by yourself to change a situation, if you have enough faith to ask God to give you the power you need, and if you are grateful enough for the grace He gives you, you can “move mountains.” Situations will be changed for the better by your presence.

Good questions to ask yourself at the end of the day

Did I offer peace today?
Did I bring a smile to
someone's face?
Did I say words of healing?
Did I let go of my anger and resentment?
Did I forgive?
Did I love?

These are the real questions.

Henri Nouwen

News from the Forum

There is only one meeting to report on this month due to the way dates for meetings and magazine deadlines work out, but what a great meeting it was with a full turn out of members and our invited demonstrators Val and Fran to share with us some of their floral artistry skills. Or so we thought!

When we were all seated around an oblong of tables each was given a pot with prepared oasis ready taped in place. No, it was not a demonstration but a lesson for us all to be able to do an arrangement for ourselves!

We are a mixed group of men and women and Val started by telling us that at their flower club some of the best displays they see are often done by men. She then went on to say that all the flowers we would be using were bought in local supermarkets, so with the right preparation everyone had flowers at their disposal without having to resort to specialist suppliers.

We started by forming a base of greenery to cover the oasis but not at that stage add much in the way of height to the arrangement. Then each of us was given a selection of flowers, all very much the same, as Nigel (sorry I should have included you in the introduction Nigel) brought us a few of every sort that were in the buckets on the floor behind us.

We each had some chrysanthemums, some roses and some carnations, assorted colours but basically the same. At the end of a very happy and enjoyable afternoon we were all able to take home a beautiful posy which in my case is still going strong and I have heard others say the same. Although we had all started with the same kit, so to speak, the variety of displays was as broad as the numbers attending.



Thank you to all of you Val, Fran and Nigel for such an interesting and challenging afternoon.

By the time you read this we will have had our second afternoon meeting when we have a relaxing time with Adult Colouring.

Our first meeting in June will see us welcoming Vic Crowhurst to talk to us and our final meeting of the session will be our summer afternoon tea.

There will then be a break until September when we restart with our AGM.

Alison Shannon



**Harvest Festival Meal and
Entertainment
21st September 2019
An idea of the programme**



Preparation for The Cornerstone's annual Harvest Supper and Entertainment Evening is now well under way.

Numerous people have volunteered to be live on stage so we may not see the return of 'The Vicar'. Of course, this may be the reason that people have volunteered to be live on stage

Very strangely these volunteers are volunteers in the true rather than the military sense of the word. And they include a Flautist, who is not one of our members, a recitation, some song and dance and some straightforward live songs

We currently have the usual eclectic mix of video's and chances for you all to sing. So far, we have songs or music in every decade from the 1910's to the 1970's. And, naturally a piece written around 1704 played as you have never seen it before.

One of the Video clips is from the first ever film of its kind and another shows a well-loved duo in a piece not seen for 50 years.

If you fancy volunteering then get in contact soonest so that I can slot you in to the programme. Title of piece, name of performers and length of performance as well please.

And for your diaries -

Date - 21st September 2019

Arrive from 5.30pm

Food served at 6.00pm

Concert to start at approx. 7.15pm and finish around 8.30pm

All are Welcome to this fun-packed evening but pre-booking is essential for the meal.

Our Harvest Service will be on Sunday 22nd September 10.30.



Peter's Piece

The Lord's Prayer 2 (continued)

We use the traditional, best-known, well-loved and most used wording, which comes from the 1611 KJV of the Bible. It is printed on the inside back cover of our Hymn Books - Rejoice and Sing - and is as we pray the prayer together most Sundays. Some people like to change the 'thy' to 'your' and 'thine' to 'yours' to lose the words which are not in our everyday vocabulary. Others prefer to stick with the traditional English wording, feeling that this lifts our approach above the mundane and ordinary: but it is of small consequence which words we use providing, we mean from the heart what we are saying, not rushing it but thoughtfully and prayerfully.

You will observe that there are some minor differences between Matthew's and Luke's Gospel records; while the doxology, with which our version of the prayer ends, is not given in either Gospel in the NIV [but see the NIV footnote at Matthew 6:13b] although it is included and used in many very early MSS.

The prayer consists of both praise and petition, opening with the first three lines in adoration and praise and concludes with a doxology [lit. glory (doxa) - word (logos)] a liturgical statement of praise: it is good to follow our Lord's teaching and surround our petitions with praise and thanksgiving. Paul - *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.* Philippians 4:6. 1 Timothy 2:1.

The prayer is addressed to God as Father and generally speaking our prayers should be addressed to our God as Father; we come through Jesus Christ His Son, John 14:6 *Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me,* (c.f. John 14:13 et al.) resting in his completed work of redemption, his shed blood paying the price: we pray in the Spirit, John 4:24 *God is spirit, and his worshippers must worship in the Spirit and in truth.'* Thus, all Three Persons of the Trinity are involved in our prayer life.

With the whole prayer, we need to be aware of at least something of what this means as we say it, otherwise it becomes vain repetition. Perhaps we should use and meditate on it between Sundays so that we have in our hearts a meaningful understanding of exactly what we are saying and asking and not merely reciting words. Of course, the same goes for the Holy Communion; as time is brief when participating together in both, we need to fill our hearts and minds with the meaningful significance before and after sharing in them.

Revised Common Lectionary Readings for June 2019

Seventh Sunday of Easter - June 2, 2019

Acts 16:16-34; Psalm 97

Revelation 22:12-14, 16-17, 20-21; John 17:20-26

Day of Pentecost - June 9, 2019

Acts 2:1-21; Psalm 104:24-34, 35b

Romans 8:14-17; John 14:8-17, (25-27)

Trinity Sunday - June 16, 2019

Proverbs 8:1-4, 22-31; Psalm 8

Romans 5:1-5

Pentecost 2 - June 23, 2019

1 Kings 19:1-4, (5-7), 8-15a; Psalm 42 and 43

Galatians 3:23-29; Luke 8:26-39

Pentecost 3 - June 30, 2019

2 Kings 2:1-2, 6-14; Psalm 77:1-2, 11-20

Galatians 5:1, 13-25; Luke 9:51-62

Pentecost 4 - July 7, 2019

2 Kings 5:1-14; Psalm 30

Galatians 6:(1-6), 7-16; Luke 10:1-11, 16-20

Pentecost 5 - July 14, 2019

Amos 7:7-17; Psalm 82

Colossians 1:1-14; Luke 10:25-37

Digging Deeper

We start on Tuesday 18 June a new series looking at the Epistles [the Letters]. There are 22 altogether, - 13 by Paul, 1 anonymous (Hebrews), 1 by James, 2 by Peter, 4 by John including Revelation and 1 by Jude. On the two months before our break for August, we will, on Tuesday 18 June, be taking an overall look at the General Epistles, then on Tuesday 16 July an overall look at the Pauline Epistles.

After the summer break we will begin a closer look at this large part of the NT, written to the early churches, with the possible exception of John's writings, within 50 years of Jesus' lifetime, as we consider each of the letters.

All are very welcome to Digging Deeper as together, with the guidance of the Holy Spirit, we discover more of the great and exciting truths God has for us, in his Word. *Do your best, [study KJV] to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.* 2 Timothy 2:15,

Whoever has ears, let them hear what the Spirit says to the churches. Revelation 3:22



Police presence during Church Meeting

This looks like one of the lurid headlines that you see in some of the newspapers but be reassured there is no cause for concern. They were not there to quell an unruly mob of members nor were they there to organise the orderly exit of the large numbers attending the meeting!

They were just there to see that the European Parliament elections, that were being held on the premises, were proceeding peacefully.

You asked for it

The student, when asked by the teacher to write an essay on 'The Effects of Laziness', turned in a blank sheet of paper.

More of the Best

- Standing in the park, I was wondering why a Frisbee gets larger the closer it gets. Then it hit me.
- I was watching the London Marathon and saw one runner dressed as a chicken and another runner dressed as an egg. I thought: 'This could be interesting'.
- I saw a documentary on how ships are kept together. Riveting!
- Velcro - what a rip off.
- Broken pencils are pointless.
- But for venetian blinds, it would be curtains for us all.
- I tried to contain myself once, but I escaped.

If lawyers are disbarred and clergymen defrocked, doesn't it follow that:

- Electricians should be delighted.
- Models deposed.
- Cowboys deranged.
- Dry cleaners depressed.
- Musicians denoted.
- Underwear manufacturers debriefed.
- Composers will one day decompose.
- On a more positive note, perhaps we can hope politicians will someday be devoted.

**Be thankful for good friends.
They help you find important things
when you have lost them.
Things like your smile, your hope and
your courage.**

Have you read these?



"How to Write Big Books" by Warren Peace
"The Lion attacked" by Claude Yarmoff
"The Art of Archery" by Beau N. Arrow
"Songs for Children" by Barbara Blacksheep
"Desert Crossing" by I. Rhoda Camel.
"School Truancy" by Marcus Absent
"I was a Cloakroom Attendant" by Mahatma Coate
"I Lost My Balance" by Eileen Dover and Phil Down
"Shhh!" by Danielle Soloud

**Always be kind.
If you see someone falling
behind, walk beside them.
If someone has been
knocked down, lift them up.
Always remind people
of their worth,
Be who you needed
when you were going
through hard times.
Just one small act of
kindness could mean
the world to someone.**



Often the most loving thing we can do when a friend is in pain is to share the pain - to be there even when we have nothing to offer except our presence and even when being there is painful to ourselves.

M. Scott Peck



The next edition of New Horizons!

The next magazine will be the double Summer issue for July and August and will be published on 14th July 2019 (a week later than usual) Please let us have your contributions by our usual time of 9.00 a.m. on Thursday 4th July.

We always welcome contributions from any of our readers, wherever they are. Reports, stories, thought provoking articles and even funny stories are all very welcome.

**A large print version of this magazine is available.
Please ask an editor if you would like one.**

Alternatively you can view it on line.

See the website address on the front cover

Flower Donations

June

2 nd	Joan Harvey
9 th	Win Holmes
16 th	Gwen & Colin McMillan
23 rd	Ann & Mick
30 th	Church Anniversary



July

7 th	Clive, Mary and Pat Goodhew
14 th	Hey Family (in memory of Joyce, Mac & Bernice)
21 st	Derek & Leng Kingston
28 th	Roy & Trixie Davis

Sunday Coffee/Tea Rota

<u>June</u>	2 nd	Anne Clarke and Val Mead
	9 th	Linda and Mike Mead
	16 th	Val Hayman and Stella Yates
	23 rd	Stella Duboux and Joan Harvey
<u>July</u>	30 th	Machrina Ejaz and Sandra Russ
	7 th	Brenda Kemp and Leng Kingston
	14 th	Anne Clarke and Val Mead
	21 st	Carole and Alan Cornwall

A new Sunday rota for July to December will be distributed in early June.

Tuesday mornings “Drop in”

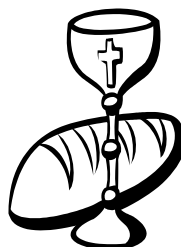
<u>June</u>	4 th	Stella Duboux and Brenda Melling
	11 th	Joan Harvey and Maureen Stone
	18 th	Carole and Alan Cornwall
	25 th	Carol Smith
<u>July</u>	2 nd	Stella Duboux and Brenda Melling
	9 th	Joan Harvey and Maureen Stone
	16 th	Carole and Alan Cornwall



Communion Offerings

These collections are taken at the two Sunday Communion Services during the last hymn and are for charitable organisations outside of The Cornerstone.

Thank you for your generosity in May for collecting for the Rumania Appeal; the amount will be shown in the next issue.



June	Christian Aid
July	RNLI

DATES FOR YOUR DIARY

(Also see weekly Notice Sheet)

June

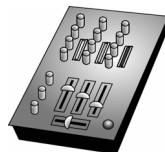
Sun	2 nd	10.30 a.m.	Morning Worship	John Amos
		6.30 p.m.	Holy Communion	Our Minister
Tues	4 th	4.00 p.m.	Messy Church	
Thurs	6 th	7.30 p.m.	Elders' Meeting	
Sat	8 th	9.00 a.m.	Big Breakfast	
Sun	9 th	10.30 a.m.	Pilots, Junior Church & Parade Service	
			Followed by a Barbecue	
Sun	16 th	10.30 a.m.	Morning Worship	Roger Brett
Tues	18 th	7.30 p.m.	Digging Deeper	
Sun	23 rd	10.30 a.m.	Holy Communion	Our Minister
Sun	30 th	10.30 a.m.	Church Anniversary	Our Minister
		3.00 p.m.	Southchurch Park 125 th Church	
			Anniversary celebration - All are welcome	

July

Tues	2 nd	4.00 p.m.	Messy Church	
Thurs	4 th	7.30 p.m.	Ministry and Mission/Elders' Meeting	
	5 th - 7 th		Big Speak Out	
Sat	6 th	9.00 a.m.	Church Working Party	
Sun	7 th	10.30 a.m.	Morning Worship	Peter Hunt
			No evening service	
Sat	13 th	9.00 a.m.	Big Breakfast	
Sun	14 th	10.30 a.m.	Family Church Parade	Our Minister

Recording of services

We are now sound recording every Sunday service, so please let Vic Crowhurst know if you would like a copy for yourself, someone who could not be with us that day or perhaps to give to someone to listen to how well we sing!



For special and festival services we may make video recordings and if you would not wish to appear in these, then please speak to anyone at the sound and vision desk before the service starts. There should be a prior warning of the services involved.

WHO'S WHO?

Minister	Rev Sohail Ejaz MA (01702) 580879 tcsscp@yahoo.co.uk	
Secretary	Ruth Dixon	(01702) 464186
Treasurer	Ann Blackwell	07753 348856
Envelopes	Mike Mead	07802 749912
Gift Aid	David Osborn	(01702) 611337
Preachers List	Mary Goodhew	(01702) 467512
Youth and Children	Lisa McCrae	
Junior Church	Ruth Dixon	(01702) 464186
Joint Leaders	Mary Goodhew	(01702) 467512
Pilots	Derek Goodyear	07863 208914
C'Stone Toddlers	Mary Goodhew	(01702) 467512
Scout Group	Lorna Skippon	(01702) 477309
Christian Forum	Alison Shannon	(01702) 464737
Use of Premises	Roger Brett	(01702) 479874
Flower arranging	Joan Harvey	
	Val Mead	(01702) 296189
Editorial Team	Anne Clarke	(01702) 293102
	af.clarke52@gmail.com	
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	mjb23wardle@btinternet.com	

Please remember that your Elders are ordained to serve our members and friends who have pastoral concerns.

We do offer Christian Marriage, Baptisms and Funerals so please talk to the Secretary or any Elder if you feel that we can help.