

New Horizons

JULY/AUGUST 2019



THE CORNERSTONE



Bournemouth Park Road,
Southend-on-Sea, SS2 5JL
(For car park on Central Ave, sat navs
use SS2 5HR no 59)

www.thecornerstonesouthend.org.uk
Email: cornerstonequestions@outlook.com

WORSHIP AND ACTION

Sunday 10.30 am **Morning Worship** and Junior Church.
Holy Communion is celebrated during Worship
on the 4th Sunday

**FAIRTRADE Coffee and tea is served after Morning
Worship**

Please stay to talk with each other in an informal atmosphere.

Sunday 6.30 pm **Evening Worship** will be held, and Holy
Communion celebrated, as set out in the
monthly magazine and as announced in Church.

Church Meetings are generally held in alternate months on the
third Thursday at 7.30 pm. The dates and times will be published in
this magazine and announced in Church.

Tues	10.00 am	1 hour's Prayer for fellowship.
	10.00 am	Tea and Coffee in the Foyer
	11.30 am	"Cornerstone Crafters" (1 st and 3 rd Tuesdays or as announced)
	2.30 pm	Christian Forum (2 nd and 4 th Tuesdays)
	4.00 pm	Messy Church First Tuesday in the month
Wed	9.30 am	The Cornerstone Toddlers during Term Time
	1.30 pm	"Whisper" Worship Workout
	5.45 pm	Pilots. Ends at about 7.00 pm.
Thurs	11.30 am	Midweek Worship (2 nd Thursday)
	6.00 pm	Beaver Scouts and Cub Scouts
	7.45-9.15	Scouts
	7.30 pm	Elders' Meeting (1 st Thursday)
Fri	6.00 pm	Junior Badminton
	7.00-9.00	Youth Club

Little Turtles Pre-School meets on Monday to Friday from 9.00 am
during term time. Please see one of the Junior Church Leaders for
details.

Letter to the fellowship



“Renewed and Restored”

We all know about the junk mail; those annoying letters that fill our mailbox. Along with the junk comes the delightful bills, and renewal notices.

Of course, the junk we can just throw away, the bills unfortunately can't be ignored, but the renewal notices, those we're thankful to see. Without them, we'd likely forget that we need to renew our licences, our credit cards, membership cards, etc. Without those renewal notices, we might go to the ATM one day and not be able to get the cash we need because our card is expired. We might be stopped by the police driving with an out of date insurance policy or expired MOT. So, the renewal letters are good and important.

There is a process of renewal going on in us believers as well. Since the day we received the Holy Spirit who came to dwell in us, it has been at work with perfect wisdom and supernatural power to renew and transform our character, to some extent, our personality, and even our physical body. Our mortal body with its natural weakness and sinful ways was doomed to death and is "wasting away" even now. Yet a new life dwells within this clay jar, and that life is constantly at work having a profound effect on the body that contains it. The Holy Spirit is working renewal, the manifestation of God in and with us.



God knows everything that comprises our life from the moment of conception; our gifts, abilities, strengths, weaknesses, wounds, and all the characteristics of our personalities. And he wants to completely renovate us according to the vision he has for our lives, which is much greater than we can imagine.

We need not to be worried for our life is in good hands. Our creator knows exactly what he's doing with us. We might be a little tired or discouraged, run down, or even wrecked in some places, but soon, you will sense, once again that he is building, renovating, and renewing you in the best possible way...for eternity.

God bless,
Sohail

***"I shall pass this way but once; any good that I can do
or any
kindness I can show to any human being; let me do it
now.
Let me not defer nor neglect it, for I shall not pass this
way again."***

Etienne de Grellet QUAKER MISSIONARY

Perhaps the writer was inspired by the story of "The good Samaritan" or possibly someone had done him a good deed on some occasion.

Whatever happened, this poem can be a lesson to us all every day. Whether you are able to offer physical help or not, there is always something we can all do. Prayer, financial support, a kind word or even just a smile.

It is always good to remember, that as Christians, we may not be able to like everyone, but we should always make every effort to love them. It's not easy though, is it?

**Sometimes the greatest
gift you can give another person
is
to simply include them**

Prayers for our Fellowship and those we know

Prayers can be for joy and sorrow, health and sickness, good news and bad in addition to those for our own needs and guidance.



Please pray for all our church activities that take place during the month. There are many who come along to our premises week by week who some of us may not know by name or even by sight but who are in need of our prayer. We may not be able to attend the clubs and organisations but our prayer is essential to support the leaders and attendees.

There are many who find it difficult to get to Worship week by week and we think especially of Hilda Burgess, Jan Fox, Pat Goodhew, Win Holmes, Margaret King and Hilda Prior. We pray for those who are ill, in constant pain, recovering and awaiting or receiving treatment:

Ann Crowhurst, Roy Davis, Olive Goodyear, Morag Holloway, Lisa McCrae, Mick Thorp and Sohail's mother.

We also pray for those of our fellowship who are finding life difficult at the present time either with health, job or family worries. Give them peace of spirit and the knowledge that God knows of all their difficulties and hears all of their prayers.

Father, hear our prayers
Amen

Please feel free to use the Prayer Book placed on the Prayer Table, in the Foyer, to write down any names or events you want to be prayed for during the Service.



Do make use of our prayer cards, whether to give thanks or to request prayers in specific need. You may remain anonymous if you wish.

There is a collection box on the prayer table in the foyer. Requests will be prayed over at the Tuesday prayer group and other appropriate times.

Prayers for peoples and matters outside of our fellowship

Please pray for those who depend on illegal drugs and do dreadful acts to maintain the abuse of their bodies. Pray for their families and friends as they try to help them seek treatment and rehabilitation.

Also pray for those who treat, support and encourage substance abusers to recover and regain their health and self-esteem.

Hard though it might be; please pray for those who are involved in the supply and distribution of these awful drugs, which not only harm the body and mind but also lead to violence and even death.

**You might think that you don't matter in this world,
but someone hears a song on the radio
and it reminds them of you.
Someone has read a book
you recommended to them
and gotten lost in its' pages.
Someone's remembered a joke you
told them and smiled to themselves.
Never think you don't have an impact.
Your fingerprints can't be wiped away
from the little marks of kindness
that you've left behind.**

Author unknown

SECRETARY'S NOTEBOOK



The Dixon garden is now in full swing, and I am out first thing with my paintbrush pollinating the courgettes, although this year I have seen a significant number of pollen beetles getting on with the job too. Already I have brought to church my surplus courgettes and salad leaves as well as jam and pickle; donations made to the church for produce are appreciated. The bumper tayberry harvest is stowed in the freezer until I find time to make some more jam!

I must mention the wonderful concert at the end of May from the Watoto Children's Choir and the wonderful work done by that organisation raising orphaned children to love and serve the Lord, and to bless the world with their energetic singing. If you missed the concert, you can find a number of videos on You Tube, and read about their work here <https://www.watoto.com/choir/> where you can also find out about sponsoring a life.

June's Messy Church was on the theme of Pentecost, discovering wind and fire through various crafts and activities, then an interactive telling of the story with party blowers (very popular with the parents!) and flame crowns. My thanks as ever to the faithful team that delivers MC month by month.

Our first Sunday service in June was led by our friend John Amos, with the evening Holy Communion service taken by our Minister. The second Sunday was observed as Pilots' Sunday and children and youth celebration Sunday. All the youth leaders present were re-dedicated for a further year's service. The URC Children and Youth Department recently published a resource "One Body" and much of this material was used in the worship, arranged by Derek and presented by the children, showing how things work much better when we all pull together. After the service we had a barbecue lunch together, and thanks go to Mike and Linda Mead for cooking and serving everyone.

The following Sunday Roger Brett led the service and, it being Fathers' Day, the gentlemen of the church were presented with a gift

of a handkerchief. Sohail took the communion service on the 4th Sunday, with the children departing for Junior Church at the beginning, and returning to participate in communion. On 30th June we celebrated Church Anniversary, led by Sohail, with some great hymns and readings, and a message to take us into the year ahead. After service acake was provided by our Treasurer Ann, and very good it was too. Thank you, Ann.

It is our custom for members of the congregation to read the bible passages on Sunday. If you would like the opportunity to do this, please speak to Mary Goodhew as soon as possible.

In view of the delayed deadline for this magazine, I can also report on July's Messy Church "Everything Worships God" based on Psalm 8 and the Holy Habit of Worship. There were lots of creative moments, activities and crafts to show that God is so awesome every part of his creation is made to worship Him. And of course lots of singing, including a Fishy Music song with signing that I learned at the May conference.



Looking ahead to the rest of July, our Minister and family are taking a trip to Pakistan so please remember them in your prayers as they travel and adjust to the temperatures there, for their health and well-being as they spend time with family. During the month most of our organisations will wind up the summer session and take a break until September. There are no pressing items of business to be decided, and due to both our meeting Chairman and his usual deputy being away on 25th July, there will be no Church meeting.

In August once again we welcome the Boys' and Girls' Brigades from Belfast City Mission to stay on our premises for the week. Please do remember that, with established exceptions, they have exclusive use of the buildings. One of these exceptions is of course the Sunday service on 4th August, which will be an all-age service and the boys, girls and officers will take part. I look forward to counting over 100 heads raised in worship that morning!

Sadly the holiday club arranged for August has had to be cancelled, due to Lisa's continued illness; please remember her in your prayers too. Weather permitting, we will have a youth children and family afternoon in Southchurch Park on 14th August 2.30 - 5 p.m. A Teddy Bears Picnic, games for little ones and a range of games and activities for older children and youth. Those under 18 must be accompanied by a parent or carer who will remain responsible for them; and bring your own picnic.

You may recall that last autumn we undertook a paper exercise to obtain Personal Information consents from all members and worshippers, as required by GDPR. This was a learning curve for those managing the scheme and not everyone returned their forms, hence we have not yet been able to produce a meaningful Church Directory. In addition, regulations require that your information is verified annually and elders have approved the following procedure:

1. On Sundays 22nd and 29th September new forms will be issued to all members and regular worshippers. Those present will be invited to complete the forms there and then.
2. All forms should be returned to Mary by 17th October.
3. In succeeding years, a new form will only be required if your personal information has changed, or you wish to add or remove any of the permissions given.
4. If there is no change, you will be invited to verify by signing a dated label to be attached to your existing form.

If you have any questions please speak to Roger Brett, the church's Data Protection Officer, or Mary Goodhew who is Data Processor for this particular piece of work.

Weekend children's parties generate a significant part of the church's income but it does mean at least one of our keyholders has to be present at the beginning and end of each booking. Thus far we have managed with a few willing volunteers, some of whom forego family stuff to serve the church in this way. There is always room for more people to share this responsibility so please do consider if

you can help. If you are not an existing keyholder, keys can be provided!

If you are going on holiday in the coming weeks, do have a great and restful time and be blessed.

Ruth Dixon

News from the Forum

This month, just past, sees the end of our programme for the year past and the meetings held were an exciting way to finish.

At our first meeting we were privileged to have Vic Crowhurst to come along and tell us about his recent trip across the North Sea as part of a crew delivering a boat to Esbjerg in Denmark. Friends of Vic had called in a favour and he answered the call but all the time he was going to be away he was conscious that Anne was not at all well and would be seeing consultants in the same period. With this



in mind Vic did the first part of the trip from here to the North coast and then left for a couple of days, went back, did the visits and rejoined the boat in time to cross over to Denmark. I have only crossed the North Sea once and I was very sick for a large part of the three days, and was very relieved to know that even a seasoned

sailor like Vic goes equipped with strong preventive medication to help him through just such a problem!

The boat was on the small side and all their unwanted gear was stored in a small area to free up the main living space. This meant that when you were off watch your first job was to unearth your sleeping bag under the seeming mountain of every-one else's, then if the sea was calm enough you got some rest before you were on watch again. However if one of your team was not well, shall we say, watches could be very long! Their one luxury was a sea toilet, everything else was fairly primitive and you could see in Vic's face how much he enjoyed a fresh water shower in Esbjerg.

Thank you Vic for an enjoyable and interesting afternoon, and we wish Anne a very speedy “ Get Well” and thank you Anne for letting Vic have the time to spend with us.

Our last meeting was our ‘end of term’ tea and eighteen of us sat down to enjoy scones, cream and jam, followed by lovely assorted sponge cakes. As always there were doggie bags to go home with those who wanted them and the Toddler group, on the following morning, were able to share the cake with us. Thank you to all the members who provided the goodies, did the shopping for cream and tableware, and also to Stella Duboux who stayed after coffee to help Joan and I set up the tables, which Rob had kindly got out for us before he left.



We now have a break until the second Tuesday in September when we will meet up in the Foyer at 2.30pm for a cup of tea or coffee and hold our AGM. It is good to review the year, hear about the finances and make some decisions about future plans. Please come along, everyone is welcome and bring any ideas you have about what we have done and what we might be able to do in the future.

See you all then
Alison Shannon

If the person who named Walkie Talkies named everything:

Stamps = Lickie Stickie
Defibrillators = Hearty Starty
Fork = Stabby Grabby
Socks = Feetie Heatie
Hippo = Floatie Bloatie
Nightmare = Screamy Dreamy
Bumble Bees = Fuzzy Buzzy
Pregnancy Test = Maybe Baby



**Harvest Festival Meal and
Entertainment
21st September 2019
An idea of the programme**



Preparation for The Cornerstone's annual Harvest Supper and Entertainment Evening is now well under way.

Numerous people have volunteered to be live on stage so we may not see the return of 'The Vicar'. Of course, this may be the reason that people have volunteered to be live on stage. Very strangely these volunteers are volunteers in the true rather than the military sense of the word. And they include a Flautist, who is not one of our members, a recitation, some song and dance and some straightforward live songs

We currently have the usual eclectic mix of videos and chances for you all to sing. So far, we have songs or music in every decade from the 1910's to the 1970's. And, naturally a piece written around 1704 played as you have never seen it before.

One of the Video clips is from the first ever film of its kind and another shows a well-loved duo in a piece not seen for 50 years.

If you fancy volunteering, then get in contact soonest so that I can slot you into the programme. Title of piece, name of performers and length of performance as well please.

And for your diaries -

Date - 21st September 2019

Arrive from 5.30pm Food served at 6.00pm

Concert to start at approx. 7.15pm and finish around 8.30pm

All are Welcome to this fun-packed evening but pre-booking is essential for the meal.

**Our Harvest Service will be on Sunday 22nd September
10.30.**



Peter's Piece

Our 'Father'.

Jesus gave this as pattern of prayer for all who know God as Father. It opens with praise and adoration, acknowledging God as Father, where he is, and that his very Name is to be honoured as Holy, seeking the coming of his Kingdom and the fulfilment of his will.

There is a sense in which God is the father of all human beings, in that he is the Creator God: The One God who made and sustains not only us human beings and this world, but the whole universe.

In the beginning God created the heavens and the earth. Genesis 1:1 Paul Ephesians 4:6 There is --- One God and Father of all, but John in the introduction to his Gospel introduces a deeper sense of the Fatherhood of God in John 1:9-13 The true light that gives light to everyone was coming into the world. He was in the world, and though the world was made through him, the world did not recognise him. He came to that which was his own, but his own did not receive him. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God -children born not of natural descent, nor of human decision or a husband's will, but born of God.

When Jesus, God's Son, the true light, came into this world, in human form, people rejected, disowned and killed him and a great many still do so today. They have therefore ceded the right to call on God as Father. But the good news is that those who have accepted Jesus, who he is, what he has done, by new birth, Jesus has given them the right to be children of God and can therefore truly know and address God as Father; because those believing, trusting in Jesus and his saving work, have been born anew of God into the family of God.

In John 3:1-21, Jesus' chat with Nicodemus, he spells this out clearly, including the well-known verse 16. *For God so loved the*

world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

‘Our’ Father - by these words Jesus indicates a new relationship between those who belong to him, we are together in one family and so there is a special affinity between one another. Paul - *as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.* Galatians 6:10. With this in mind some Christians address fellow believers as brother or sister, openly acknowledging our true relationship with each other in Christ Jesus.

Even if we use this prayer on our own, we are reminded that we are not alone, we are part of a family, the family of God and have family ties with other members and they with us.

Revised Common Lectionary Readings for July and August 2019

July 14, 2019 - Fifth Sunday after Pentecost

Amos 7:7-17; Psalm 25:1-10

Colossians 1:1-14; Luke 10:25-37

July 21, 2019 - Sixth Sunday after Pentecost

Amos 8:1-12; Psalm 15

Colossians 1:15-28; Luke 10:38-42

July 28, 2019 - Seventh Sunday after Pentecost

Hosea 1:2-10; Psalm 138

Colossians 2:6-15, (16-19); Luke 11:1-13

August 4, 2019 - Eighth Sunday after Pentecost

Hosea 11:1-11; Psalm 49:1-12

Colossians 3:1-11; Luke 12:13-21

August 11, 2019 - Ninth Sunday after Pentecost

Isaiah 1:1, 10-20; Psalm 33:12-22

Hebrews 11:1-3, 8-16; Luke 12:32-40

August 18, 2019 - Tenth Sunday after Pentecost

Isaiah 5:1-7; Psalm 82

Hebrews 11:29-12:2; Luke 12:49-56

August 25, 2019 - Eleventh Sunday after Pentecost.

Jeremiah 1:4-10. Psalm 103:1-8. Hebrews 12:18-29. Luke 13:10-17

September 1, 2019 - Twelfth Sunday after Pentecost

Jeremiah 2:4-13; Psalm 112

Hebrews 13:1-8, 15-16; Luke 14:1, 7-14

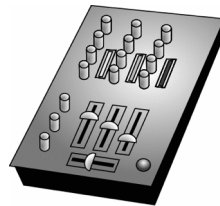
Digging Deeper.

Meets on Tuesday 16 July when we shall be considering together an overall look at the general Epistles. There is no Digging Deeper in August, but we shall be meeting again on Tuesday 17 September when we shall start a more in depth look at the letters individually. More information will be in the September issue of 'New Horizons.'

Wife texts husband on a cold
winter morning:
"Windows frozen, won't open."
Husband texts back:
"Slowly pour some lukewarm water
over it and then gently
tap edges with hammer."
Wife texts back 10 minutes later:
"Computer really messed up now."

Recording of services

We are now sound recording every Sunday service, so please let Vic Crowhurst know if you would like a copy for yourself, someone who could not be with us that day or perhaps to give to someone to listen to how well we sing!



For special and festival services we may make video recordings and if you would not wish to appear in these, then please speak to anyone at the sound and vision desk before the service starts. There should be a prior warning of the services involved.

Flower Donations

July

- 7th Clive, Mary and Pat Goodhew
- 14th Hey Family (in memory of Joyce, Mac & Bernice)
- 21st Derek & Leng Kingston
- 28th Roy & Trixie Davis

Aug

- 4th Andy Anderson
- 11th Alison Shannon
- 18th Michael & Brenda Wardle
- 25th Colin & Gwen McMillan



Sept

- 1st Nigel and Val Mead
- 8th Brenda Kemp
- 15th David & Maureen Stone
- 22nd Harvest
- 29th Allan & Hilda Prior

Sunday Coffee/Tea Rota

July 7th Brenda Kemp and Leng Kingston
 14th Anne Clarke and Val Mead
 21st Carole and Alan Cornwall
 28th Suzanne and Paul Dyer

Aug 4th Gwen McMillan and Val Hayman
 11th Anne Clarke and Val Mead
 18th Linda and Mike Mead
 25th Val Hayman and Stella Yates

Sept 1st Stella Duboux and Joan Harvey
 8th Anne Clarke and Val Mead



Tuesday mornings “Drop in”

July 2nd Stella Duboux and Brenda Melling
 9th Joan Harvey and Maureen Stone
 16th Carole and Alan Cornwall
 23rd Carol Smith and Pat Pates
 30th Carol Smith and Pat Pates

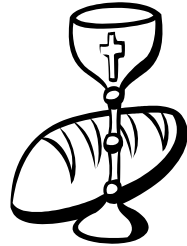
Aug 6th Stella Duboux and Brenda Melling
 13th Joan Harvey and Maureen Stone
 20th Carole and Alan Cornwall
 27th Carol Smith and Pat Pates

Sept 3rd Stella Duboux and Brenda Melling
 10th Joan Harvey and Maureen Stone

Communion Offerings

These collections are taken at the two Sunday Communion Services during the last hymn and are for charitable organisations outside of The Cornerstone.

Thank you for your generosity in May for collecting £90.00 for the Rumania Appeal and £81.50 in June for Christian Aid.



July	RNLI
August	HARP
September	Havens Hospices



The next edition of New Horizons!

The next magazine will revert to the usual one for September only. It will be published on 1st September 2019. Please let us have your contributions by our usual time of 9.00 a.m. on Thursday 22nd August.

We always welcome contributions from any of our readers, wherever they are. Reports, stories, thought provoking articles and even funny stories are all very welcome.

**A large print version of this magazine is available.
Please ask an editor if you would like one.**

Alternatively you can view it on line.

See the website address on the front cover.

DATES FOR YOUR DIARY

(Also see weekly Notice Sheet)

July

Sat	13 th	9.00 a.m.	Big Breakfast	
Sun	14 th	10.30 a.m.	Family Church Parade	Roger Brett
Tues	16 th	7.30 p.m.	Digging Deeper	
Wed	17 th	9.30 a.m.	Toddlers End of Year Party	
Thur	18 th	6.30 p.m.	Scouts AGM. All welcome	
Sun	21 st	10.30 a.m.	Morning Worship	Robert Wiseman
Wed	24 th	5.30 p.m.	Pilots end of year party.	
Sun	28 th	10.30 a.m.	Morning Worship and Holy Communion	Peter Hunt

Aug

Fri	2 nd to Fri 9 th	August Girls & Boys Brigade staying in church.		
Sun	4 th	10.30 a.m.	Morning Worship (Girls & Boys' Brigade)	Ruth Dixon
Sat	10 th	9.00 a.m.	Big Breakfast	
Sun	11 th	10.30 a.m.	Morning Worship	Robert Wiseman
Weds	14 th	2.30 - 5.00	Family Fun afternoon in Southchurch Park	
Thur	15 th	7.30 p.m.	PMG meeting	
Sun	18 th	10.30 a.m.	Morning Worship	John Amos
Sun	25 th	10.30 a.m.	Morning Worship and Holy Communion	Our Minister

Sept

Sun	1 st	10.30 a.m.	Morning Worship	Roger Brett
Tues	3 rd	4.30 p.m.	Messy Church	
		7.30 p.m.	Course at Rayleigh URC for Elders who are authorised to preside at the sacraments	
Thur	5 th	7.30 p.m.	Elder's meeting	
Sat	14 th	Synod Youth Fun Day at Barrow Suffolk (includes assault course) For ages 11-18. £5 per person Further information from the Minister		

WHO'S WHO?

Minister	Rev Sohail Ejaz MA (01702) 580879 tcsscp@yahoo.co.uk	
Secretary	Ruth Dixon	(01702) 464186
Treasurer	Ann Blackwell	07753 348856
Envelopes	Mike Mead	07802 749912
Gift Aid	David Osborn	(01702) 611337
Preachers List	Mary Goodhew	(01702) 467512
Youth and Children	Lisa McCrae	
Junior Church	Ruth Dixon	(01702) 464186
Joint Leaders	Mary Goodhew	(01702) 467512
Pilots	Derek Goodyear	07863 208914
C'Stone Toddlers	Mary Goodhew	(01702) 467512
Scout Group	Lorna Skippon	(01702) 477309
Christian Forum	Alison Shannon	(01702) 464737
Use of Premises	Roger Brett	(01702) 479874
Flower arranging	Joan Harvey	
	Val Mead	(01702) 296189
Editorial Team	Anne Clarke	(01702) 293102
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Please remember that your Elders are ordained to serve our members and friends who have pastoral concerns.

We do offer Christian Marriage, Baptisms and Funerals so please talk to the Secretary or any Elder if you feel that we can help.