

New Horizons

JUNE 2020



IN TIMES OF WORRY — PRAY!

THE CORNERSTONE



Bournemouth Park Road,
Southend-on-Sea, SS2 5JL
(For car park on Central Ave, sat navs
use SS2 5HR no 59)

www.thecornerstonesouthend.org.uk
Email:
cornerstonequestions@outlook.com

Suspended for the time being

WORSHIP AND ACTION

Sunday 10.30 am **Morning Worship** and Junior Church.
Holy Communion is celebrated during Worship on the
4th Sunday

FAIRTRADE Coffee and tea is served after Morning Worship

Please stay to talk with each other in an informal atmosphere.

Tues 10.00 am **Time of prayer** together for, the Fellowship, those
with special needs, our neighbours, and the world-
wide Christian Family. All are welcome to join with us.

Church Meetings are generally held in alternate months on the third
Thursday at 7.30 pm. The dates and times will be published in this
magazine and announced in Church.

Tues 10.00 am Tea and Coffee in the Foyer
11.30 am "Cornerstone Crafters"
(1st and 3rd Tuesdays or as announced)
2.30 pm Christian Forum (2nd and 4th Tuesdays)
4.00 pm Messy Church (1st Tuesday in the month)
19.30-21.00pm Digging Deeper (3rd Tuesday of each month)

Wed 9.30 am The Cornerstone Toddlers during Term Time
5.45 pm Pilots. Ends at about 7.00 pm.
6.00 pm Beaver Scouts and Cub Scouts
7.45-9.15 Scouts

Thurs 7.30 pm Elders' Meeting (1st Thursday)

Fri 7.00-9.00 Youth Club

**We do offer Christian Marriage, Baptisms and Funerals so please talk to
the Secretary or any Elder if you feel that we can help.**

We hope to be back soon

Little Turtles Pre-School meets on Monday to Friday from 9.00 am during
term time. Please see (or rather speak to!) one of the Junior Church
Leaders for details.

Pre-School has reopened



Letter to the Fellowship

Stop Looking Back

How many times do we find ourselves saying, "I wish things could be the way they were, I wish I was younger, I wish I could meet my family and friends again, I wish I could fit into those jeans again, I wish I didn't make that terrible mistake, and the list goes on and on.

Yes, we can remember the past, but we no longer need to dwell on our failures but rather dwell on the faithfulness of our Lord Jesus Christ that saved us and delivered us out of that past.

Lance Burdett, (a consultant and a life coach) said "If we keep looking backwards while trying to move forward, we will soon hit a wall".

That is so true about most of us if not all. We tend to look back at our golden days. I have heard people from all walks of life saying, would we ever go back to our normal lives? Would we be able to enjoy our lives again?

I do not believe God wishes us to live in the past, or hopelessly longing for what can never be again. He wants us to look ahead. He wants us to say, "Forget what was, the future is where my destiny lies, and I will meet the Lord there in his purposes for me." That is faith. And it is well based in everything Jesus has done for us, promised us, and called us to.

I remember someone saying that to us youngsters (a long time ago though) that a deer runs faster than the lion and gets a way ahead of him, but she keeps looking back to see how far is the lion behind her. That slows her down and she is caught and killed.

In the same way when we walk with the Lord, we leave our enemy behind, a way behind, but we keep going back to our old habits, our old lives and get caught. The more we do that, the closer our enemy gets to us and we get to our spiritual deaths.

When there are problems in our relationships, at workplaces, family lives or even at the church, we start yearning for the olden and golden days. God has not given us the power to overcome all the problems we have yet to face. He has given us only the power to overcome what faces us today! The power God gives us to face our trials only comes one day at a time.

God does not show us more than he feels we need to know. He knows that we are weak, and he is merciful enough not to give us more than we can handle. He desires for us to lay our worries upon him and trust him for our future.

When we focus on our failures in the past it is like getting stuck on a dead-end road. Eventually we have to take our eyes off the past or we will never be able to move forward into the new life God has for us now.

Let me encourage you to stop looking back because there is nothing there. Your healing, blessings and miracles are ahead of you, not behind you.

**God bless,
Sohail**

All my hope on God is founded,
all my trust He shall renew;
He, my guide through changing order,
only good and only true.
God unknown,
He alone
calls my heart to be His own

after Joachim Neander
Robert Bridges - MP 16
(Used by permission, CCL Licence No. 7114)

Prayers for our Fellowship and those we know

Prayers can be for joy and sorrow, health and sickness, good news and bad in addition to those for our own needs and guidance.

Please pray for all of our fellowship at this troubled time as many of our elderly congregation will be self-isolating.

For those who have to work, go shopping or leave the house for any reason, we pray for their safety Lord.

For any of our children who will be returning to school this month, especially the youngest who will find it very difficult to understand the new rules keeping them from playing with their friends.

We think of Sarah, Alison's grand-daughter, who has not been well recently

We remember in our prayers the family and friends of Mick Thorp who passed away last month. Be with them Father God, especially his children and let your love surround them at this difficult time. Suzie and Richard showed great strength in the way they spoke of their father in the eulogy, Mick would have been so proud.

Due to the Coronavirus restrictions, many of his friends were unable to attend his funeral but we were able to watch the service as it was streamed by the Crematorium and join in with the singing of the hymn "The trumpets sound, the angels sing, the feast is ready to begin" from our homes.

We also bring to mind any others of our fellowship who are mourning the loss of a loved one or friend and could not give them the send-off they would wish for. We think of the family of Beryl Gates and Ron Root. Remember, it's not the ending that matters but the lifetime of love. Give them peace of spirit and the knowledge that God knows of all their difficulties and hears all of their prayers.



Remember that when this is all over, we will meet together again and give heartfelt thanks to the Lord our God.

Father, hear our prayers **Amen**

Some thoughts for prayers for others outside of our fellowship

All over the world the situation is changing with COVID-19 sometimes for the worst but, thankfully there are glimmers of hope. We thank you for the combined efforts of people in science and medicine as well as those offering care and support in many ways as they help us to find a way forward.

Help us all to play our part, whether it is just staying safe to protect ourselves and others. Where we are able, we know you will support us as we try and assist those less fortunate than ourselves.

Help all those returning to work as they play their part in the recovery on the way back to “normal”.

We thank you for all those trying to bring worship into our homes using unfamiliar technology as we learn something new every day.

Count your blessings name them one by one.

Say One For Me

There is a dedicated post box on the railings by the Bournemouth Park Road entrance inviting members of the neighbourhood to send us their prayer requests for our Church Prayer Group.

We pray that this scheme will help The Cornerstone be and be known as a church that cares.

**If you feel like you're losing everything,
remember that trees lose their leaves every year
and still they stand tall
and wait for better days to come.**

SECRETARY'S NOTEBOOK



June is upon us and we finally have the opportunity to meet people outside our household, provided it is outdoors and we are still two metres apart. As a 'hugger' I will find this very difficult. It is nevertheless progress of sorts and maybe it will not be long before we can open our doors to some suitably socially distanced gathering. However, I am aware many of our number are in the at risk and extremely vulnerable categories for whom larger gatherings will be very risky for some time to come. The Synod Moderators have produced a discussion booklet "A New Normal" which I am currently perusing for pearls of wisdom.

I know some of us are joining worship from other churches and denominations and it would be interesting to hear some of your experiences. We have continued to circulate the URC Daily Devotions Sunday worship materials

- Rev Nigel Uden, Moderator of General Assembly led our worship on Good Shepherd Sunday, 3rd May, speaking about what it must have been like to shepherd one another in the far reaches of the early 1st Century Roman empire and how the same encouragement is needed for us today
- the following week it was Rev Janet Sutton Webb on the familiar promises of John 14: 1-14
- on 17th May Rev Fleur Houston led our thoughts on the second part of John 14 - the promise of the Holy Spirit to come
- The Ascension Sunday service was led by Rev Michael Hopkins, Clerk to General Assembly, about the loss the disciples must have felt when Jesus went back to be with God.
- The service on Pentecost Sunday is led by Rev Andy Braunston. Andy is Minister to a group of churches in and around Glasgow. He also co-ordinates the Daily Devotions and heads up the team responsible for these Sunday Services

In addition, for Pentecost, we had the first of our 'home grown' on line services, having purchased the relevant licence to allow us to do this. Music was from our own hymn library, and our Minister, Sohail led prayers and preached the sermon. I am grateful to Nigel, Vic, Paul, Shameer and Sohail for putting this together. Another is in the pipeline for later this month, and as those involved get more used to what is needed, I am sure we will do more and will be asking for volunteer readers again.

Meanwhile, we will continue to forward the URC services and I generally try to provide some other choices. If these are not to your taste, there is a whole list to choose from here:

<https://urc.org.uk/latest-news/3385-coronavirus-worshipping-digitally>

'Messy Church in a Bag' was a hit. 30 bags of DIY, craft and games on the story of Philip and the Ethiopian, most of which were collected from the church entrance by suitably distancing parents and a few I delivered. For our Pentecost Session on 2nd June I have prepared 35 bags. Many parents are in a dilemma over whether to send children back to school yet and find Messy Church on the same day as usual to be quite helpful.

Sadly, we lost two more members during last month. Beryl Gates became a member from Cliff Town, and attended regularly until her husband's illness prevented this. After his passing she herself became unwell and housebound. Our thoughts are with Paul and Wendy and all the family.

Mick Thorp was a loyal member of our church, and did many things at the property for some years. Mick succumbed to a particularly nasty infection on 3rd May and I was pleased to have the opportunity to represent the church at his funeral on 20th.

I hope, when circumstances permit, the families of our lost friends will return to the church for a Thanksgiving.

Those of you that have a Facebook presence will know that we are quite active there. If you do come across any piece or picture which you feel might be useful for either the Page (which is public) or the Group (private) do let me know. One of the things missing by our worshipping in our own homes is the opportunity to share our thanks

and needs in prayer (the foyer prayer book). We now have this opportunity with a Messenger Chat Group “The Cornerstone Church at Home Prayers”, so do use this, not just on a Sunday but any day of the week. If you are not yet added to this Chat, and would like to be, do let me know.

I would like to thank everyone who came and collected my spare plants and made a donation to the church. At the time of writing I still have plenty and am planning to set up a front garden table in the hope someone else can use them. If you have reason to visit the church premises, I have made some jam and chutney after all and it is in the usual place. Our garden is in the course of being planted up for summer and autumn produce, so watch out for the onslaught of courgettes!

I have just had news that General Assembly is cancelled as a physical meeting, and such business as cannot wait will be conducted by members of Mission Council meeting digitally, and this will include the Induction of the incoming Moderators. There was a Sunday a few weeks back when the platform Zoom was overwhelmed by the number of Church services on there. It is a distinct possibility that a single Zoom meeting of Mission Council might be similarly afflicted. I will let you know!

Ruth Dixon

Someday

we will look back on this moment
and it will forever remind us to never
take the little things for granted.
It will remind us to hug with all our hearts,
to pause to appreciate holding someone’s hand,
and to live in the moments that
we are surrounded by others.

Laura Jones

Harvest (or Other) Festival Sometime 2020 or 2021 or 2022



The Cornerstone Annual Harvest Supper and Entertainment has been planned for 26th September 2020.

Many of you will have noticed that things have changed since this date was first announced earlier in the year. So, this may, or may not (place your bets here please) take place at this time!

However, I am firmly of the belief that we will get through this difficult time and as well as a time of worship and praise we will need to get back to some community and communal activity and have something to look forward to. Thus, I am suggesting that we will have some evening, at some time even if not Harvest and on that date. I hope that you agree.

There are a number of separate components that make up the evening.

1. We need food
 2. We need people to stand up and entertain us
 3. We need songs to sing
 4. We need film clips on the big screen.
- If we are returning to some kind of normality, we should be able to sort out food as soon as we set a date
 - People to stand up and entertain may require them to practice or maybe not. Given notice this could still happen.
 - Sorting songs to sing fills in my day nicely whilst I am locked in, as does the process of deciding on some clips to show. Both of these are easy to sort out. Except that our musicians, Nigel/Clive, could do with some time to research the music and, indeed, practice but see item above. So, as soon as I have some idea, I will let them both know. Although I suppose that I ought first to ask them if they can do this.

Even if nothing happens, preparing a programme and sorting out a few tunes is not too onerous. Just be prepared to come out for an evening of food and entertainment, at some time in the future.

Contrary to the song, we do know where - we are just unclear as to when! We can all smile at each other and sing a song or two to the folks that we know. And the ships will sail again all over the world, and then we'll have time again for wedding rings and free hearts will sing.

Volunteers to perform and ideas for songs and/or film clips would still be welcome. Just keep your Saturday diaries free for the next year.

And for your diaries:-

Date - Sometime

Arrive from 5.30pm

Food served at 6.00pm

Concert to start at approx. 7.15pm and finish around 8.30pm (ish)

All will be made welcome to this fun-packed evening.

Roger Brett

Out of the mouths of children

Sarah, aged 4, had an ear ache and wanted a pain killer. She tried in vain to take the lid off the bottle. Seeing her frustration, her Mum explained it was a child-proof cap and she'd have to open it for her. Eyes wide with wonder, the little girl asked: "How does it know it's me?"

James, aged 4, stepped onto the bathroom scale and asked: "How much do I cost?"

Mary, aged 5, asked her Grandma how old she was. Grandma replied she was so old she didn't remember any more. Mary said, "If you don't remember you must look in the back of your pants. Mine say five to six"



What does the Bible tell us about trees? And more

That is what I am about to investigate in a magazine length article, although there are no doubt whole books about the subject. Right at the very beginning we read in Gen. 2.9 “out of the ground the Lord made every tree to grow that is pleasant to the sight and good for food. The tree of life was also in the midst of the garden and the tree of the knowledge of good and evil.”

Trees, like Jesus, give rather than take. They give and they keep giving, they give life and beauty, they give shade and rest. They clean the air and they hold back erosion. They offer shelter, food and protection. What an accolade!

There is a very sad downside, they can be used to kill, as we have in the story of the crucifixion, a truly horrific fact to add to the above and used extensively by the Romans.

Trees are used to represent God's family as Paul describes in Romans when he talks about the Olive tree. He says” If the root is holy then so are the branches. If some of the branches are broken off, and you graft in among them wild branches they become a partaker of the roots and the fatness of the olive tree. Remember though you do not support the root, the root supports you. Jesus uses a similar metaphor, but in easier language when he says he is the vine and we are the branches, not quite the same but the way the vine grows is very like a tree.

It can be said that in Jesus' time the branches are the tribes of Israel and the grafting in happens as the Gentiles come into the life of the church in post Ascension times.

Olive trees are extremely long lived as a root stock, they see generation upon generation pass by and as they get older the non-productive branches are cut out and burned, new fruitful branches are grafted on to the tried and tested root stock.

It is for this reason that we see the use of the Olive tree to represent charities, restaurants, and associations the world over, and elsewhere in the magazine I think Ruth is putting a piece about just such an organisation.

The Olive belongs to the group of plants native to the Mediterranean basin but now grown worldwide. However, don't get confused by the Southeast Asian Black and White Olives, they are not Olives at all but a completely different species. Fossil evidence shows us that the tree has been around for 20-40 million years and these fossils have been found in Italy and the eastern Mediterranean. Cultivation is thought to have started 7000 years ago and used by humans as they found the benefits of its fruit. Wood fragments have been found in Bronze age tombs, and as far back as 3000BC there is evidence of olive growing on a commercial scale in Crete and it is thought by scholars that the olive harvest was the source of the Minoan wealth. As I said, they are extremely long lived and there are two giant olive trees in Arraba, and five in Deir Hanna, both in the Galilee region which have been determined to be over 3000 years old. It has to be said that the dating evidence is questionable but there are still olives produced on these definitely very old trees.



Several trees in the Garden of Gethsemane (which incidentally gets its name from the Hebrew *gat shemanim* or olive press) date back to the time of Jesus. Carbon dating was used by the National Research Council of Italy in 2012 on the trunks of three trees and they came back with 1092, 1166 and 1198 AD while DNA tests showed that all three trees were from the same parent stock. The trees are hollow inside so the oldest wood could not be dated and the researchers have said that the roots of the five are possible much older. And the visitors to the garden are told that the trees are probably up to 2000 years old. On the island of Malta there is a 2000 year old tree, which has been accurately dated and is now protected since 1933 as there are only half the number now left of the original grove at Bidni.

There is one other tree I want to mention and that is the Sycamore. Over the road from me a year ago there was a magnificent specimen growing alongside the school wall. However, it had such a wide canopy that the branches were hitting the wall of the flat above the shop. The then occupants were used to it but then they wanted to sell their flat and move, the new buyers said they would do so if the tree was removed, and so it was. All that growing to end up in the tree surgeons' hands and so much resulted in chippings. However, as we watched it come down the skill of those men who went to the top and worked their way down was terrific to see.



Do you recall another man who climbed a tree called a Sycamore? There were crowds following Jesus and this man of small stature wanted to see Jesus but he just couldn't. So, he climbed up the tree. All was good, he had a good view, he could hear and see this man called Jesus and he was satisfied. Imagine his surprise then when Jesus stops under

the tree and calls him down, not just as anyone Jesus has seen, but BY NAME.

Come down Zaccheus,
Down from the tree,
Come down Zaccheus
Give the Lord his tea.

So go the words of a song that was around to help children learn the story.

So, what do we know about the Sycamore and Bible times? It is one of the trees native to that area and although it is not obvious now, in the time of Jesus there would have been many wooded areas. The wood from the Sycamore is very highly valued. It is light in colour when seasoned, it is easily worked and it was the wood used most often for coffins in that time.

There are some scholars who claim that the Tree of Life is the Sycamore.

Just to finish I will mention the Fig tree. Very commonly grown in the area it often is found very close to the homes. The spreading nature of the mature tree gives a welcome shade and in Jewish homes it is often under the fig tree that they sit and meditate and pray. This is just where Philip found Nathaniel when he told him about Jesus.

Alison Shannon



The birthday of the Church - The season of Pentecost

Birthdays and anniversaries give us opportunities to reflect about life's journey; what has happened in the past, how things are in the present

and how the future might unfold for us.

Pentecost is traditionally called the birthday of the church where we celebrate its beginning through the gift and power of the Holy Spirit. As people baptised in and through the power of the Holy Spirit, it is also a kind of 'faith birthday' for each of us. Perhaps we might take time to reflect on where we have come from in terms of our faith journey; what did it look like 10, 20, 30 or 40 years ago? Has our faith evolved? Do we feel we've gone backwards? Has our understanding of our faith grown?

What about our present experience of faith? Is it something that impacts upon our lives? Could we be doing more to nurture and develop it?

And what about the future? Will our faith response takes us to 'new places' in terms of serving the kingdom of God? Will we take the necessary steps in allowing ourselves to be changed by God's Spirit, or will it just be 'business as usual'?

Let's pray this Pentecost that the Holy Spirit will renew our hearts and minds, empowering us to be passionate and faithful witnesses to Christ and the things he stood for.

HOLY SPIRIT COME!

Come, Holy Spirit, guide us
this very day.

Guide our families
lest anyone stray.

Guide our hearts
in all we say.

Guide each life
along its way.

Guide our souls
our fears allay.

Guide us all,
for this we pray.

Amen



Father's Day - Personal Ponderings by **Anne Clarke**

Shawn, my long-suffering husband, will be remembered this year on Father's Day by our daughter Kathy and his two granddaughters, Sophia (5) and Eloise (2). Before the lockdown, when we were doing our bit as grandparents, Papa (as Shawn is known by the girls) took Sophia to school/back again once or twice a week. Recently, when she wanted some information for a school project she told Kathy that she wanted to speak to Papa because he is clever and knows everything! I saw this poem on Facebook and I thought of both of them on their daily walks:

I like to walk with Grandpa
He takes the time you see
His steps are little
Just like mine
He stops and waits for me.

He lets me ask him questions
He lets me hold his hand
He makes me feel 100 feet tall
And I think that he is grand.

He says there's no one like me
And gold is what I'm worth
When I get to walk
With Grandpa
I'm the luckiest kid on earth

Patty Gaut

IN MEMORY OF DADS

If I could write a story, it would be the greatest ever told
of a kind and loving father who had a heart of gold.
If I could write a million pages but still be unable to say,
just how much I love and miss him, every single day.
I will remember all he taught me, I'm hurt but won't be sad
because he'll send me down the answers
and he'll always be MY DAD

Thoughts in/coming out of quarantine:

In a society that has you counting money, pounds, calories, and steps, be a rebel and count your blessings instead.



Lisa Heckman

It's OK if you're having a wobble.
Some days we will be on good form and other days we won't.
The secret is being
kind to yourself
as you dance between the two.
We are all just muddling
through the best we can.....

Lockdown Lingo

“Coronacoaster”

The ups and downs of your mood during the pandemic. You're loving lockdown one minute but suddenly weepy with anxiety the next. It truly is “an emotional coronacoaster”.

“Blue Skype thinking”

A work brainstorming session which takes place over a videoconferencing app. Such meetings might also be termed a “Zoomposium”. Naturally, they are to be avoided if at all possible.

“Coronadose”

An overdose of bad news from consuming too much media during a time of crisis. Can result in a panicdemic.

And finally: One sentence to sum up 2020, so far. At one point during the crisis, 1 loo roll was worth more than a barrel of crude oil.



Peter's Piece

Sacrifice.

Now there's a scary word. What goes through your mind at the mention of the word 'sacrifice'? An animal on an altar being killed in some religious ritual. The giving of time and/or money and/or effort, or all three. The crux of sacrifice is cost. Not necessarily the amount, value, that which is being offered is at some cost to the offeror.

One of the major themes of the OT is the principle of sacrifice. There was strict guidance given on the preparation and quality of the sacrifice to be offered. It could not be a sick, lame, useless animal, the runt of the litter, it had to be the absolute best, highest valued of the flock, herd, and crop (first fruits).

In Romans 12:1 Paul says *I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.*

A former good friend of mine (now with the Lord) an evangelist said, "The only problem with a living sacrifice is that it can get off the altar and walk away!" How often do we walk away?

Another friend, a gifted speaker who was good at provocative remarks to make one think, said at a conference I was attending, when we had finished Isaac Watts's great hymn 'When I survey the wondrous cross', re-read the last two lines of the second verse 'all the vain things that charm me most - I sacrifice them to his blood.' And said "What a load of rubbish as a sacrifice!"

While the anonymous writer of Hebrews (13:15) says, "*Through Jesus, therefore, let us continually offer to God a sacrifice of praise - the fruit of lips that openly profess his name.*"

Let us not walk away but, *walk in the way of love, (live a life of love NIV2011) just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God, (Ephesians 5:2) giving of our very best to God, constantly telling how great is our God!*

Revised Common Lectionary for June 2020

Trinity Sunday - June 7, 2020

- Genesis 1:1-2:4a and Psalm 8
- 2 Corinthians 13:11-13 Matthew 28:16-20

- June 14, 2020

- Genesis 18:1-15, (21:1-7) and Psalm 116:1-2, 12-19
- Romans 5:1-8 Matthew 9:35-10:8, (9-23)

- June 21, 2020

- Genesis 21:8-21 and Psalm 86:1-10, 16-17
- Romans 6:1b-11 Matthew 10:24-39

- June 28, 2020

- Genesis 22:1-14 and Psalm 13
- Romans 6:12-23 Matthew 10:40-42

- July 5, 2020

- Genesis 24:34-38, 42-49, 58-67 and Psalm 45:10-17
- Romans 7:15-25a Matthew 11:16-19, 25-30

Digging Deeper

Christianity Explored changes back to Digging Deeper now we have finished the Christianity Explored course.

We commence on Monday 01 June at 7.00 pm. Almost certainly on line with Zoom.

(just download the app let us know and an invite will be sent prior to the meeting).

Robert will be leading the first introductory one and send you the invite.

The overall title for the next few meetings is 'the Gifts of the Spirit' form Romans 12:6-8 but read the whole chapter.

It would be helpful to read 1 Corinthians 12:7-11 and whole chapter in preparation.

We look forward to as many as possible joining us for these times learning together from God's Word.

The next ones will be on the 15th and 29th June 2020.

**SEE YOU THERE.
Peter Hunt**

Just to be clear,
the Church has not been closed,
so it doesn't need to be re-opened.
We have simply stopped worshipping
in our buildings for a time
to protect the health & well-being
of our people and our communities.

The church does not require a building
in order to be the Church.
What is required is love, compassion,
and the presence
of God

Have you been there?

I've been to a lot of places, but I've never been in Cahoots. Apparently, you can't go alone, you have to be in Cahoots with someone.

I've also never been in Cognito, either. I hear no one recognises you there.

I have, however, been in Sane. They don't have an airport, you have to be driven there. I have made several trips.

Please find below a transcript of a letter received by our Church Secretary:

Olive Tree Centre Counselling

Enquiries@olivetreecentre.org.uk

www.olivetreecentre.org.uk

Contact 01702 524346

Mob: 078177106295

Dear Friend

We understand these are worrying times, so we at The Olive Tree Counselling centre would like to update you on the services we are continuing to offer, through Covid 19 pandemic and beyond. We are aware there may be some folks in your congregation struggling with loss or feeling anxious and need someone to talk to we are here to Help.

The Olive Tree counselling centre is a local Christian charity originally set up in Rayleigh in 1998. All of our counsellors are Christians and professionally trained, we currently have 2 centres one based at Eastwood Baptist church, Nobles Green Rd, Eastwood, Leigh on Sea SS9 5QA and the other at Clarence Road Baptist church, Clarence Road, Southend on sea SS1 1AN.

We can help with a range of issues including: **Bereavement, Stress, Anxiety, Marriage, Relationship, Loneliness, Drug /Alcohol abuse** we offer 'one to one'; 'couple'; 'children & family' sessions.

Appointments are available from Monday - Friday 9am - 9pm

The office is open from 9.30am -1.30pm you just have to call us and we can arrange for you to speak to someone. Please note 'face to face' is currently unavailable due to the virus however we are offering telephone, skype or Zoom.

Cost as we rely on donations and income from clients, we expect clients to pay something towards their counselling but, if unable we do not turn away genuine cases of hardship please talk to us.

If you require any more information please call Carol/Christine
0170244346 /07817106295

**Yours in Christ
Carol Westerman (Manager)
Christine Evans (Assistant Manager)**

**The Olive Tree Centre
Eastwood Baptist Church
Nobles Green Eastwood
Leigh on Sea Essex
SS95**

REGISTERED CHARITY - NUMBER 1075617



The next edition of New Horizons!

The next magazine will be published on 5th July.

Would our contributors remember to send the Editors their items **by the usual time of 9.00 a.m. on Thursday 25th June please.** We always welcome contributions from any of our readers, wherever they are. Reports, stories, thought provoking articles and even funny stories are all very welcome.

We are still living a very different life due to this dreadful virus and you might care to share thanks for the acts of kindness that you have received during this time. Thank you also for reading the magazine.

A large print version of this magazine is available.

Please ask an editor if you would like one.

Alternatively, you can view it on line.

See the website address on the front cover

WHO'S WHO?

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**Please remember that your Elders are ordained
to serve our members and friends
who have pastoral concerns.**