

New Horizons

SEPTEMBER 2023



SHARING AND CARING

THE
CORNERSTONE



Bournemouth Park Road,
Southend-on-Sea, SS2 5JL
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WORSHIP AND ACTION

Sunday 10.30 am **Morning Worship** and Junior Church.
Holy Communion is celebrated during Worship on the 4th Sunday

Coffee and tea is served after Morning Worship

Please stay to talk with each other in an informal atmosphere.

Tuesdays at 10.00 am **Is a special Time of prayer** together for: the Fellowship, those with special needs, our neighbours, and our worldwide Christian Family. All are welcome to join with us.

Church Meetings are held on alternate months. It is the decision of the Church Meeting that they shall be held after Sunday Morning Worship during the winter on a trial basis, but revert to Thursdays at 7.30pm in the summer. This may change so the actual dates and times will be published in this magazine and announced in Church.

What's on in the week

Mon	5.00 - 6.30pm	Messy Church (1 st Monday in the month)
	5.00 - 6.30pm	Pilots (2 nd , 3 rd & 4 th Monday in the month)
	7.00 pm	Bible Study (2 nd and 4 th Monday of each month)
Tues	10.00 am	THE HUB
		Starting with Tea and Coffee in the Foyer
	11.30 am	Followed with fellowship and activities on 1 st and 3 rd Tuesdays or as announced.
Wed	9.15 am	Cornerstone Toddlers during Term Time.
Thurs	6.00 pm	Beaver Scouts and Cub Scouts
	7.45 - 9.15pm	Scouts
Thurs	7.30 pm	Elders' Meeting (1 st Thursday)

We do offer Christian Marriage, Baptisms and Funerals so please talk to the Secretary or any Elder if you feel that we can help.

Little Turtles Pre-School meets on Monday to Friday from 9.00 am during term time. Please contact the Church Secretary for details.



Letter to the Fellowship

Our Refuge and Shelter

Just over a week ago, on 16th of August 2023, 26 churches and 89 houses in various villages, not far from my home city Faisalabad, the third largest city in Pakistan, were attacked and burned down. As usual, someone had found some pamphlets, with the blasphemous words against Muslim's prophet Muhammad and Islam. Ironically, the culprit printed his own picture with his personal details on the same pamphlet as well.

While most of the men had already gone to their work on that hot, humid Wednesday morning, Christian women and children fled to nearby sugarcane fields as they saw an angry mob advancing toward their homes wielding sticks, hammers, and iron rods.

One Christian woman describes the dire situation they found themselves in, *"Gasping for breath, we ran about a mile in the fields and stayed there until two in the morning without food, shelter, or water," she said. "Whenever the mob's noises grew close, mothers stuffed cloth into their babies' mouths to muffle their cries, fearing the attackers would discover and harm us."*

1 Samuel 21: 10 - 12 was my quiet -time reading that day, along with Psalm 56,

¹⁰ *That day David fled from Saul and went to Achish king of Gath*
¹² ...and was very much afraid of Achish king of Gath.

¹ Be merciful to me, my God,
for my enemies are in hot pursuit;
all day long they press their attack.

² My adversaries pursue me all day long;
in their pride many are attacking me.

³ When I am afraid, I put my trust in you.

⁴ In God, whose word I praise—

in God I trust and am not afraid.

What can mere mortals do to me?

⁵ All day long they twist my words;
all their schemes are for my ruin.

⁶ They conspire, they lurk,
they watch my steps,
hoping to take my life.

Part of being human involves facing a list of worries that can seem endless. We dislike uncertainty, unexpected incidents and the unpredictable actions of others. But when it comes to fighting fear and worry, we can be held by scripture because God's word reveals who he is.

David writes in verse 3 that when he is afraid, he puts his trust in God. Not if, but when, David says. He knows that worry is a stubborn, persistent enemy of the human heart, and he also knows that the only realistic and effective way to fight fear and worry is to continually put his trust in God.

Of course, 'trusting God' sounds like a good and right thing to do, but if we're honest, it can feel like an empty platitude. What do you mean to trust God?

We wonder in these cases if God is truly trustworthy, and if he is, then how are we supposed to trust him when our fears loom and our faith fails?

What David says in verse three helps us because fighting our fears isn't a one - and - done act, but a continual practise. Trusting God is the same: it doesn't necessarily mean our worry disappears and our fears vanish. It means we know where, and to whom, to go with them, again and again.

We fight fear with an even greater fear: the fear of the Lord. Because God is good and in control, he is worthy of our reverence and awe. Not only this, but he has demonstrated his trustworthy character by sending his son to rescue us from our greatest and most fearful plight: punishment for our sin.

And since Jesus rose from the dead, indeed since he defeated the thing we most naturally fear, we can trust him. When we are afraid

we can go to him, we can ask him for hope and help continually. As we keep coming back to Jesus with our fears, he will increase as they decrease. And that's the key to fighting fear and beating worry: to know Jesus who is the Lord over death and to trust and worship him daily.

The bible says that God is our refuge, our safe place, in times of trouble. God is always near and wants us to bring our problems to him and listen to his word. Since God's power is greater than anything in this world, we don't need to be afraid to ask for help. God helps us when we can't help ourselves. God wants us to come to him, to accept his love and forgiveness, and to be part of his family.

Please continue to remember our brothers and sisters around the world who are being persecuted only because they want to believe that truth, that Jesus is the only way to God the Father.

**God bless,
Sohail**



**Trust and obey,
for there's no other way
to be happy in Jesus
but to trust and obey**

Prayers for our Fellowship and those we know

Prayers can be for joy and sorrow, health and sickness, good news and bad in addition to those for our own needs and guidance.

Please pray for all of our fellowship as we live in these worrying times of financial worries and the war in Ukraine.



We keep in our thoughts any of our fellowship who are unwell, in hospital, undergoing surgery/treatment or having tests. We pray for their return to good health.

We especially remember in your prayers families and friends who still mourn the loss of a loved one. Give them peace of spirit and the knowledge that God hears all of their prayers.

Father, hear our prayers.

Amen

We share most things so why not your prayers?

What will you be praying for during September?

Better health, more holidays, quietness, peace, a growing church, a deeper faith.

So, when you pray, firstly give thanks for what you already have.

Then think of all that you need, not just want.

Then perhaps ask how you can share what you have.

It need not be only "things".

It can be time, humour, reassurance, support, comfort.

And don't forget to ask for a smiling face!



Shawn and I would like to thank our friends at The Cornerstone for their prayers and words of support over this last year. Finding out Shawn had prostate cancer “knocked us for six” and we were very concerned for what the future held.

Last week he ended the active phase of his treatment plan and we look to the future with hope. It would have been very difficult to have undergone this had it not been for our faith, prayers and support from both of our churches and friends. You have all been wonderful. Thank you.

Anne Clarke

**Moving Worship
17th September 2023**

On Sunday 17th September 2023 only, the venue for our worship time will move just a few feet.

Instead of being in the Worship Area we will pretend that this is coffee time right from the start and sit around tables in the Foyer.

We will still start at 10.30am

There will still be notices,

There will still be hymns

There will still be music

There will still be readings (or at least one reading)

There will still be a sermon (or short talks)

There will still be time for prayer.

Just the venue is moving to the Foyer.

Come along for something different

Just this once

Roger

Mrs Jan Fox

This is the tribute to her mother that Nicole gave at her funeral service:



An independent woman of independent means is how my mother would describe herself. Always self-reliant, practical, carving her own path on her life journey.

A war baby, always resourceful, making do with what there was, never throwing anything away because it might come in handy "one day".

A life-time of caring for others, first her younger sister when they were evacuated to Devon, then her parents and finally my father. Together 43 years and nursing him for 20 of those following a major stroke - putting her own life on hold to do so. Also as a mother and grandmother.

And not just family- these acts of service extended throughout her life, many years of volunteering - for the WRVS, for Girls Brigade, through church activities, in schools, homeless shelters and many other charitable endeavours.

Always putting others before herself. Formidable shoes to fill.

She was without doubt ahead of her time, largely self-sufficient before it was fashionable, single minded, feisty - woe betide you if you got in her way!

But if a job needed doing - she could be relied upon to get it done. And if it was worth doing it should be the best it could be done. Bigger, better, more successful. Just because....

She was full of a sense of fun and adventure, often embarking on mad days out, like driving half way across the UK to collect a car full of chickens or travelling miles to a country show. Inevitably acquiring a car full of something weird and wonderful along the way. And always packing for every eventuality of weather and a full picnic-lunch and supper. Famous for her appalling sense of direction - often getting lost - but that was all part of the enjoyment.

She had enormous strength, resilience and a fighting spirit, unapologetically single minded and outspoken. A breaker of rules and convention. A role model for me, and for her 2 granddaughters of whom she was immensely proud- even if she found it hard to express that - she showed it in other practical ways. Always encouraging us to be the best we can be and to reach for the stars. Never settling for second best.

Pragmatic to the end - she left instructions for this very moment.

She wrote - no time for tears, only the memories of happy, funny times. Do not stand and weep. I'm in the winds that blow, in the sunlight and rain. I am with you always - whether you like it or not. I am at peace and reunited

and
always remember to smile.

**Memories remind us
that nothing lasts
forever. Time is
precious and should
not be wasted. Enjoy
life and remember,
don't count the days,
make the days count**

Congratulations to Sarah Wilson and Scott
McCarte on their recent engagement.



Sarah, before her army career took off, was an active member and Elder of The Cornerstone fellowship and we wish her and her fiancé every happiness for the future.

SECRETARY'S NOTEBOOK



First of all thank you everyone for your kind messages of support and prayers during the uncertainty of Frank's health. By the time you read this we should know more about what is happening and will happen in the weeks ahead.

At the beginning of July some of us joined the Stevens family to say goodbye to Ken (Val Mead's brother in law). Many years ago, the family were active members of the Bournemouth Park congregation and as the three children were much the same age as my family, the two families were great friends and spent a lot of time together - very fond memories. God called each of them to service in different places, and there is much to be thankful about the way in which they, and Ken in particular, have been able to nurture others over the years.

Worship round-up:

2nd July Roger Brett reminded us that we are ambassadors for Christ and our lives should reflect that, by speaking and doing in a holy way - "Holy Habits"

9th July Church Parade. Sohail's theme was seeking treasure; in a sketch Asha played the part of a pirate seeking treasure in the wrong places; Zacheus found his treasure with Jesus. The congregation was also introduced to Kayleigh, who was off to the World Scout Jamboree in South Korea.

16th July Roger urged us to give of ourselves freely, so that people know God's love is for everyone. He cited the Peanuts cartoon character pondering over 'the rain falls on the just and the unjust' - there is enough water for everyone if used wisely - and likened it to God's love being showered on everyone to take it or leave it.

23rd July Rev Celia Whitman led our monthly Communion service; the theme was how Jesus breaks through the barriers of rules and regulations and frees us to worship God in the right way.

30th July I was privileged to lead worship myself, and in response to a challenge, opted to focus on three of the letters to the 7 churches in Revelation; how they can serve as both a warning to us and hope for the future if we stay faithful to God and his purposes.

6th August John Amos led our worship, using the story of the Feeding of 5000. Movingly, he invited us to imagine a mirror and reflect on ourselves and the message the passage has for us.

13th August Sohail preached about the power Jesus gives to those who are willing to take the chance - for example Peter stepping out on stormy water.

20th August Roger recapped some of the Genesis stories concerning individuals' relationships with their families and with God, using the example of Joseph, estranged from his family for two decades, yet when he was in a position of power over them chose to reconcile.

27th Sohail led Morning Worship which included Holy Communion. The emphasis was on trusting your Faith in God and Jesus, whatever the situation and wherever you are. Just read Sohail's letter again, starting on page 3.

Looking ahead:

24th September will be our Annual Harvest Thanksgiving service when you are invited to bring gifts of tinned and packet goods. And on this occasion, as your contributions are going to the Shoebury Ark they will gladly accept toilet rolls and baby goods such as nappies, baby milk etc.

28th September 7.30 p.m Church Meeting

30th September Faith in Action Day at Epping URC (details to follow)

15th October Commitment for Life Sunday (donation envelopes available from the beginning of the month and a display of relevant material)

Church Vacancies:

Commitment for Life Correspondent - to be on the Church House mailing list to receive and disseminate information, ensuring our commitment to our partner country is remembered.

Webmaster/Assistants - to undertake training and assume responsibility for keeping the website up to date and relevant.

Do please speak to me if you are interested.

Thank You

Ruth Dixon

What is the Shoebury Ark ?

Answer..... It is a food bank run by a team of volunteers based at the Baptist Church at Friars centre in Shoebury, in an area which is almost at the bottom of the areas in the country known to be in extreme need. Bottom of the list is Jaywick

The bank opens each Tuesday for two hours and each person going can have some free fresh produce, some baby items when appropriate, long life milk, cereals and bread or cake. It all depends on supplies donated on the previous Monday evening. In addition, they can buy, for a nominal cost, tins and toiletries which have been donated by members and friends of the church.

As each family or individual leave, they are given, for free, a ready cooked and foil packed meal to take away.

There is also a shop for children's clothing and toys for ages 0 to 12, and again items are sold for a very small amount.

A story to let you know the desperate need:-

A mother went with her daughter, the girl was wearing her school uniform, smart, clean and tidy. BUT it wasn't a school day! The

mother later quietly explained, when the little girl was asked, that it was school uniform, one on and one in the wash but no money for ordinary clothes.

The bank could immediately help.

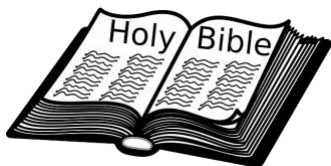
YOU CAN HELP TOO, by donating some of the most needed items, namely the Baby goods. They are always short of nappies, baby wipes, lotions and shampoo etc.

OH, and they like to give every-one ONE toilet roll, easy enough to put an extra pack in your shopping list of anything on that list isn't it ?

Bring them along to church at any of your regular times and we will collect, store and deliver them to the centre.

**The need is real, desperate and now.
Please act, we cannot do it ourselves
but we can help others do it for us.**

OUR FAITH as we open up The Bible



We shall be restarting our session on Monday 11th September at 7.00pm, both in church and online with zoom. Please join us or ask for more information.

Our aim is to continue exploring the life and message of Jesus to find out what it says to us in the present time so that we might be better equipped to pass on that message by word and by example.

Several avenues have been suggested and Sohail will be emailing group members with some topics so that we may decide on the 11th how we spend our time in the run up to Christmas.

Sohail and Michael

Awkward British Problems

Phone

- Staring at your phone in silent horror until the unknown number stops ringing.
- Hearing a recording of your own voice and deciding it's perhaps best never to speak again.
- Filming an entire fireworks display on your phone, knowing full well you'll never ever watch it again.

Train

- Being sure to start touching your bag 15 minutes before your station, so the person in the aisle seat is fully prepared for your exit.
- Repeatedly pressing the door button on the train before it's illuminated, to assure your fellow commuters you have the situation in hand.
- Having someone sit next to you on the train, meaning you'll have to eat your crisps at home.
- The huge sense of relief after your perfectly valid train ticket is accepted by the Inspector.
- The horror of someone you only half know saying: "Oh I'm getting that train too"

Walking

- Overtaking someone on foot and having to keep up the uncomfortably fast pace until safely over the horizon.
- Deeming it necessary to do a little jog over zebra crossings, while throwing in an apologetic mini wave.

Magical music and fantastic singing on film
and for real
At The Cornerstone



**Harvest Festival
Evening
23rd September
2023**



Pre-booked Fish and
Chips from 6.00pm
Cost is **£9.00** per
portion

Free singalong
Audience Participation

Free entry for
the film show.
No booking
required.

Book and pay for your Fish
and chips before 11.00am
on 17th September 2023.

Have Confidence

And I told him, no I don't play any sports. I do theatre, I'm in a choir, I play the violin and piano, I used to take art class.

And he went "Wow! That's amazing!"

And I said, "Oh no, but I'm not any good at any of them."

And he said something then, that I will never forget and which absolutely blew my mind because no one had ever said anything like it to me before:

"I don't think being good at things is the point of doing them. I think you've got all these wonderful experiences with different skills and all that teaches you things and makes you an interesting person, no matter how well you do them."

NEWS FLASH

I just saw on the news that a man has discovered how to do origami backwards!

More on this story as it unfolds.....

BREAKING NEWS

Winalot the dog food brand has gone into bankruptcy.
They have called in the Retrievers!

The Police have finally tracked down the man who thinks he's an electric car, he's been running up and down the road holding up the traffic!

Police say he will be charged at the station.

Why English is hard to learn

We'll begin with *box*, the plural is *boxes*,
But the plural of *ox* is *oxen*, not *oxes*.
One fowl is a *goose*, and two are called *geese*,
Yet the plural of *moose* is never called *meese*.

You may find a lone *mouse* or a house full of *mice*:
But the plural of *house* is *houses*, not *hice*.
The plural of *man* is always *men*,
But the plural of *pan* is never *pen*.

If I speak of a *foot*, and you show me two *feet*,
And if give you a *book*, would a pair be a *beek*?
If one is a *tooth* and a whole set are *teeth*,
Why shouldn't two *booths* be called *beeth*?

If the singular's *this* and the plural is *these*,
Should the plural of *kiss* be ever called *keese*?

We speak of a *brother* and also of *brethren*,
But though we say *mother*, we never say *methren*.
Then the masculine pronouns are *he*, *his* and *him*:
But imagine the feminine ---- *she*, *shis*, and *shim*!

Jesus says, 'Let go of your
complaints, forgive those who
loved you poorly, step over your
feelings of being rejected, and
have the courage to trust that
you won't fall into an abyss of
nothingness but into the safe
embrace of a God whose love will
heal all your wounds.

Henri Nouwen

Another Essex character

Some time ago I wrote about some of the Essex stories which have been in my research list over the last few years with an Historical group I go to within the U3A and Anne asked me if I would consider writing again so here goes....

I thought I would look at the lives of some Essex legends from different walks of life and this month I have chosen Terry Venables, apologies to those who have had their fill of sport this summer.

Terence Frederick Venables was born in Dagenham on 6th January 1943 to Fred and Myrtle Venables. Fred was from Barking, a Naval Petty officer and Myrtle was Welsh with very strong family ties to those she had left behind to move to Essex.

When Terry was just 13 his parents took over the running of a pub in Romford, and as it was some distance from his school young Terence went to live with his grandparents to stay in Dagenham. Ossie and Millie encouraged him in his love of games, particularly football.



He left school in the summer of 1958 and signed with Chelsea as an apprentice age just 15. He was wanted by West Ham and their youth coach, Malcolm Allison, claimed it was purely for financial reasons that Terry went to Chelsea. Terry says he felt he had a better chance of getting into the first team. He gained professional status in 1960 but Terry turned it down at first because he wanted the chance to be in the England Olympic team. He wasn't selected so took up the offer later that year.

He made his senior debut in February 1960 against West Ham and was billed in the press as "the new Duncan Edwards".

When Tommy Docherty took over as Chelsea manager, he became very influential in Terry's career but Terry thought that Tommy was tactically limited. The team was relegated to the second division at

the end of the 61/62 season but went straight back up the next year, finishing in second place.

Terry decided to take his FA coaching badges in the 63/64 season and passed with distinction at the age of 24 with an overall mark of 95%. That same year Chelsea won the FA Cup and Terry scored a penalty.

Trouble was to follow after several bad games. Tommy Docherty banned the players from going out the night before a game, Terry and eight others defied him and all eight were suspended by Docherty for the rest of the season.

In his own words Terry said "this was crass, stupid and self-defeating" and he never forgave Docherty for the punishment. At the end of the season, Docherty put Terry on the transfer list and his transfer fee to Tottenham Hotspurs was £80,000, playing his first match for the new club in May 1966.

He stayed with Spurs for three years before moving to QPR for £79,000. He had a very happy time there and also supervised the training sessions. He said later "I cannot think of transfer, so blessed with so much good fortune."

His last move was to Crystal Palace in 1974 but sadly had to give up playing in the latter stages of the year as arthritis became too painful and he retired on New Year's Eve. He took up a coaching role under the then manager Malcolm Allison.

Terry was the only international footballer to play for England as a schoolboy, youth, Amateur, Under 23 and in the full international team.

He went into management taking over from Allison and then on to QPR, out to Barcelona (where he gained the nickname "El Tel"). Then back to England, to Spurs, bringing with him Gary Lineker and Paul Gascoigne. In 1994 he achieved his ambition to manage England. He went to Australia in 1996, before coming back to England and Crystal Palace in 1998.

Just before the end of his career he had short times at Middlesbrough and Leeds, finally giving his last active football time to non-league Wembley as Technical Advisor.

Terry always had strong family values inherited largely from his mother and he always said Dagenham taught him life skills and he said that "Walking out with England I carried my family values with me"



Alison Shannon

Your mind is a
garden. Your thoughts
are the seeds. You can
grow flowers or you
can grow weeds



Always take the time to absorb the
beauty that surrounds you.
Nothing heals the soul quite like
the raw artistry of nature.

SERVICES AND MEETINGS AT THE CORNERSTONE

September

Sun	3 rd	10.30am	Morning Worship	Rev Celia Whitman
Mon	4 th	5.00pm	Messy Church	
Weds	6 th	9.15am	Toddlers	
Thu	7 th	7.30pm	Elders' Meeting	
Sun	10 th	10.30am	Morning Worship (HC)	Our Minister
Mon	11 th	7.00pm	Bible Study	
Sun	17 th	10.30am	Morning Worship (with a difference)	Roger Brett
Sat	23 rd	5.30pm	Harvest Supper and Concert	
Sun	24 th	10.30am	Harvest and Parade Service	Our Minister
Mon	25 th	7.00pm	Bible Study	
Thur	28 th	7.30pm	Elders' Meeting	

October

Sun	1 st	10.30am	Morning Worship	John Amos
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The Next Issue of New Horizons will be for October 2023.



We always welcome contributions from our readers, whether they are from The Cornerstone or anywhere around the world. And don't forget to report back if you are going away on holiday!

Your next issue will be published on **Sunday October 1st** and we will be pleased to receive any contributions for this issue by **9 a.m. on Thursday September 21st**.

**Thank you.
Anne and Michael**

Use your voice for kindness
 Your ears for compassion
 Your arms for hugs
 Your hands for charity
 Your mind for gentleness
 Your heart for love



Communion Offerings

These collections are taken at the monthly Sunday Communion Service during the last hymn and are for local charitable organisations outside of The Cornerstone.



Church Flowers

Sept	3 rd	Val and Nigel Mead
	10 th	Pat and Eric Garrard
	17 th	Alison Shannon
	24 th	Harvest
<u>Oct</u>	1 st	Maureen and David Stone



The future Flower List is on the noticeboard in the Foyer and if you would like to supply flowers for any Sunday in the future, please place your name on the list or contact Val or Joan. They would be very happy to buy the flowers on your behalf and arrange them or alternatively, you are very welcome to do your own arrangement.

Volunteers will always be very welcome to help our existing teams on a regular or an occasional basis.

Sunday Coffee/Tea Rota

<u>Sept</u>	3 rd	Sandra Russ and helpers
	10 th	Anne Clarke and Val Mead
	17 th	Machrina Ejaz and Sandra Russ
	24 th	Val Hayman and helpers
<u>Oct</u>	1 st	Help please.
	8 th	Anne Clarke and Val Mead
	15 th	Machrina Ejaz and Sandra Russ



Tuesday mornings “Drop in”

<u>Sept</u>	5 th	Stella Duboux
	12 th	Wendy Brett and Val Mead
	19 th	See below
	26 th	Carol Smith and Pat Pates
<u>Oct</u>	3 rd	Stella Duboux
	10 th	Wendy Brett and Val Mead
	17 th	See below



On the Tuesdays of the months that are in red type, someone will set up in the servery and we shall then rely on you to help yourself and perhaps assist others if you feel able.

Thank you.

WHO'S WHO?

Minister	Rev Sohail Ejaz MA (01702) 580879 tcsscp@yahoo.co.uk	
Secretary	Ruth Dixon	(01702) 464186
Treasurer	Elizabeth Helm	07973 199759
Envelopes	Ann Blackwell	07753 348856
Gift Aid	David Osborn	(01702) 611337
Preachers List	Mary Goodhew	(01702) 467512
Junior Church	Ruth Dixon	(01702) 464186
Joint Leaders	Mary Goodhew	(01702) 467512
Pilots	Derek Goodyear	07863 208914
Prayer Fellowship	Peter & Zoy Hunt	(01702) 864814
Digging Deeper	Vic Crowhurst	(01702) 588409
C'Stone Toddlers	Mary Goodhew	(01702) 467512
Scout Group	Lorna Skippon	(01702) 477309
Use of Premises	Roger Brett	(01702) 479874
Flower arranging	Joan Harvey	
	Val Mead	(01702) 296189
Editorial Team	Anne Clarke	(01702) 293102
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	Michael Wardle	(01702) 613840
	mjb23wardle@btinternet.com	

**Please remember that your Elders are ordained
to serve our members and friends
who have pastoral concerns.**